

**Guide:**

Page 1: General information, random thoughts and ideas I considered while creating this

Page 2: Application draft- general information about the swimmer

Page 3: Community service, club activities, and sources for recommendations

Page 4: Coaches recommendation form

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Page 6: Essay sheet (draft for application)

Page 7: The rubric and how sections should be evaluated and how points are scored

Page 8: My general thought process for each category (you can skip)

**VSI Scholarship Contest Proposal**Abstract:**LOOKING FOR GIVING BACK/INVOLVEMENT IN SWIMMING COMMUNITY**

VSI conducts a scholarship contest including an essay, 2 recommendations, GPA of 3.0(?), and a favorable recommendation by coach. There will be 3 winners, first-\$3,000, second-\$2,000, and third-\$1,000 (available for change depending on financial report). Application will be open through october-march so that the winners could be presented at the Virginia Awards banquet. A scholarship committee on the board (4 volunteers from the board) will select the winners by reading anonymous application and deciding after discussion and a vote. If there is a tie, the athlete reps will read the anonymous applications and make the final decision.

Requirements:

VSI athlete for a minimum 2 years

Senior

Have a GPA of 3.0 or higher

Favorable recommendation by coach

1 non-swimming recommendation

Essay responding to a given prompt

Transcript must be provided

Selection

A scholarship committee of 5 volunteers (or more) will select the first, second, and third place applicants based on the best overall application. If there are any ties Senior athlete representative will be the tie-breaker vote. **Each amount of money will only be used for tuition for one year, unless special circumstance (full-ride)**

# Virginia Swimming Scholarship Application

This application must be filled out with an attached transcript, two recommendations, and mailed into the VSI business office (address) by ----- date in order to eligible for review. Late applications will not be accepted. For comments, questions, or concerns contact -----

**Legal Name:** \_\_\_\_\_

**Age:** \_\_\_\_\_ **High School:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Street Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Club Team:** \_\_\_\_\_

**Parent Name:** \_\_\_\_\_

**Parent Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Applicant's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

By signing this, the applicant is confirming to be a senior in High School, planning to attend college, and having been in VSI for at least 2 years. If any information on this application is found forged, then the application will be removed and the applicant will be ineligible.

Community Service:  
Activity

Sponsor Signature

Clubs or Activities:  
Club/Group

Years of Involvement

**Coach for Recommendation:** \_\_\_\_\_

**Non-Swimming Recommendation:** \_\_\_\_\_

**Essay Word Count:** \_\_\_\_\_

## Coach Recommendation Form

This form must be filled out accurately in the Coaches opinion of the applicant.  
Once this form is filled out, mail it to the VSI business office no later than  
-----.

Name: \_\_\_\_\_

Applicant Name: \_\_\_\_\_

Club Team: \_\_\_\_\_

Number of Years with the Applicant: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

1. Does the applicant show good Character in and out of practice?

1-No

2-Somewhat

3-Yes

2. Does the applicant consistently work hard and come to practice?

1-No

2-Somewhat

3-Yes

3. Is the applicant persistent, despite setbacks?

1-No

2-Somewhat

3-Yes

4. Is the applicant involved in the culture of the team?

1-No

2-Somewhat

3-Yes

5. Is the applicant a good role model for the rest of the team?

1-No

2-Somewhat

3-Yes

Why do you think the applicant deserves the scholarship?

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Signature : \_\_\_\_\_ Date: \_\_\_\_\_



## **Essay:**

This essay can be either handwritten neatly or typed. It must be one page or less and respond to the prompt.

**Prompt:** How has Virginia Swimming impacted you in your everyday life outside of swimming? What have you learned from swimming?

Transcript points ( \_ / 5)

1. Transcript
  - a. Provided (1 point)
  - b. Not provided (0 points)
2. 3.0 GPA
  - a. Higher than 3.0 (2 points)
  - b. Exactly 3.0 (1 point)
  - c. Under 3.0 (0 points)
3. Challenging Course Schedule
  - a. 7 or 8 classes with some weighted (2 points)
  - b. 6 classes with some weighted (1 point)
  - c. No weighted classes or less than 5 classes (0 points)

Recommendations ( \_ /30)

1. First Recommendations
  - a. Points scored -/15
2. Second Recommendation
  - a. Points scored -/15

Application ( \_ /10)

1. Community Involvement
  - a. Heavily participates in community service/clubs (5 points)
  - b. Participates in community service/clubs (4 points)
  - c. Participates in some community service/clubs (3 points)
  - d. Participates in few community service/clubs (2 points)
  - e. Does not have signatures but has some clubs (1 point)
  - f. Not completed (0 points)
2. Correctly completed
  - a. All forms provided (5 points)
  - b. One part missing (4 points)
  - c. Two parts missing (3 points)
  - d. Three or more parts missing (0 points)

Essay ( \_ /50)

Each category has 5 points total, the reader/evaluator ranks the quality of the category 1-5 to determine the amount of points. Add all the categories together and multiply by 2 to receive the score out of 50.

1. Grammar- Typos, misspelled words, ect.
2. Organization- easy to read, not messy
3. Message- Positive about VSI, significant impact
4. Style- Interesting, different, exciting

5. Word Count- not too long or exceeds word count

Extra Points (    /5)

Any extra points a reader can give if they think an athlete exceeded more than was allowed in one particular category